

# July 2020 Newsletter

### Dear Members,

The COVID-19 pandemic may have stopped a lot of things, but it hasn't stopped ASEPA! Our members have diligently continued going to work, doing telehealth visits, and fulfilling professional obligations. For example, this newsletter has grown so much that I've had to add a table of contents; this says so much about our accomplishments as an organization! Thank you everyone for your hard work and dedication to the PA profession!

Sincerely,

Sonia Bahroo, PA-C Chair, Newsletter & Website Committee

### Message from the President

By: Ashlyn Smith, PA-C

I hope that you and your family are well. I cannot count the number of times I have started conversations with this greeting during COVID-19. It is a unique time in the world when every simple greeting of "How are you?" comes with an undercurrent of unease knowing that we are all facing atypical stress and uncertainty.

In this time, none of us are immune from the effects the pandemic.

The disruption and doubt that surrounds our daily lives has become a common thread that has unified us. Friends, family, colleagues, neighbors, church members, clinicians and patients are brought together by shared stories and an understanding not seen before.

As endocrine PAs, we get the privilege of being invited into our patients' lives to share in their losses and successes. Some of us are at the front lines. Some of us are trying to keep our older or at-risk patients safe. Some of us are dealing with altered clinic hours or pay. Some of us have lost patients or loved ones.

We are privileged to be connected through this ASEPA community. When you feel detached, connect with a fellow member. When you laugh out loud, pass the joke on. When you encounter loss, reach out. When you experience joy, share it. All of us are allies in this experience together.



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# Secretary's Update By: Staci K. Wise, PA-C



The plan for 2020 was to celebrate the 20th Anniversary of ASEPA; obviously with the COVID crisis, all conferences have been cancelled, gone virtual, or rescheduled. ASEPA has had to put this celebration on hold indefinitely. Since we have all been affected professionally in some way, ASEPA has slowed down projects until we get a handle of the "new normal". Prior to the COVID crisis,, ASEPA has been rolling out some webinars that have been quite successful with positive feedback, so I think we are quite the trendsetter with all of the virtual conferences coming our way! We expect this trend to continue long-term given the current

environment and the fact that our ASEPA members are nationwide! Please reach out so we can continue to use our endocrine PA network and I wish you well for the rest of 2020!

# Treasurer's Update By: Sean Flynn, PA-C

Available Upon Request



# Request for Writers:

ASEPA has partnered with Clinician Reviews to help locate high-quality, peer-reviewed articles that cover practical topics in Endocrinology. Clinician Reviews is a monthly, peer-reviewed online publication designed to inform physician assistants and nurse practitioners about a range of primary care topics. ASEPA is assisting with identifying authors who can contribute to the "Endocrinology Consult" column on a topic of interest to the general practitioner. We are looking for 1,500-word articles that cover relevant, practical topics. Recent articles included "10 (Safe) Ways to Reduce Patients' Insulin Costs," "How Motivational Interviewing Helps Patients with Diabetes," and "Screening for Endocrine Hypertension." If you are interested in this opportunity, please contact Courtney Wilke at Courtney.wilke@med.fsu.edu.

# II. ASEPA Brings Benefits to Members

By: Ashlyn Smith, PA-C

As you know, during this quarter our contact with live events has been limited while life as a clinician looks a little different. Many ASEPA benefits are still available to you virtually!

- Access to DANATech, AADE's diabetes tech resource
- ASEPA Diabetes tech webinars available for Category 2 CME on our website
- Digital copy of the ASEPA-exclusive SGLT2i patient ed handout (provider handout coming soon!)

- Digital subscription to Clinician Reviews
- The latest in valuable endocrine email updates to keep us on the cutting edge
- Endocrine job postings via email and on our website
- And of course, this exclusive bi-annual newsletter!

Don't forget! You still have access to paper publications such as Clinical Endocrinology News, Endocrine Today, and Diabetes Health Monitor. Once live education events resume, as an ASEPA member you are eligible for reduced and/or complimentary registration to the AACE Congress, CMHC West, Annual CMHC, World Congress on Insulin Resistance, Heart in Diabetes CME Conference, Cardiometabolic Risk Summit, and Metabolic and Endocrine Disease Summit.

# III. Meet the Committee Member: Maria Argoud

By: Maria Argoud, PA-C

Hello Fellow Endo PA-C's,

My name is Maria Argoud and I have been working as a clinical Endocrinology PA-C since I graduated from PA school 11 years ago. I received my degree from the University of St Francis in Albuquerque, NM and now work with my father, who is my supervising physician, at a small private practice. Within a couple of years of working

with him, we hired another mid-level and grew the practice just a little bit more. We currently have two private practice offices in San Diego, CA with one office located in Chula Vista which is 15 minutes from the US-Mexico border.

I really do enjoy working with my patients to help them understand their Endocrinology disease and how we can work together to improve their health. Working in a small private practice has allowed me to take on different responsibilities in healthcare, such as, volunteering with ASEPA. Currently, I have the honor to be working with Sonia Bahroo and Noelle Lalonde on the ASEPA newsletter. I am also working

with a great team to comprise SGLT2i handouts for providers and patients.

In my free time my husband and I enjoy being on the water, with activities like sailing and paddle boarding. COVID 19 has put a hold on both of these activities, but luckily with the decline of COVID cases in San Diego our bay has reopened, and we can get back on the water!

# **IV. Student Corner**

By: Shannon Bauer, PA-S



Hi there! My name is Shannon Bauer, and I am a first year PA student at Nova Southeastern University in Fort Lauderdale, Florida. I was born and raised in Fort Lauderdale and received my Bachelor of Science in Cell and Molecular Biology from the University of South Florida in Tampa, FL (Go Bulls!). I am familiar with the world of endocrinology as I have been a Type 1 Diabetic since 2006. My pediatric endocrinologist is the reason I have decided to pursue endocrinology, so you could say it has been my dream since I was 9. I have always been involved in diabetes initiatives since my diagnosis ranging from fundraising walks, being a camp counselor at an all diabetes summer camp or writing my

undergraduate thesis on *Growing Up with Type 1 Diabetes*. While currently at Nova, I am also involved in their Interprofessional Diabetes Education and Awareness Initiative (IDEA) where students from various health professions go out into the community to increase awareness about diabetes management and prevention.

Since starting PA school in May 2019, it has been a whirlwind experience to say the least. My PA program has proven to be able to adapt to any situation whether it be a hurricane, losing a faculty member in the middle of the semester, or a navigate this pandemic, they have quickly adjusted their course and continued on. Unfortunately, my university had students who had contracted COVID-19 early on so was forced to abruptly closed for the spring semester. Our faculty were given a week to switch from face-to-face to an all online curriculum. Though not without a few hick-ups the transition to online learning went well. Parts of our hands-on learning have been switched to learning via telemedicine which has become an increasingly valuable expertise to have in today's environment. I predict telemedicine will be the future of medicine even after the pandemic passes. I know for the second-year students who were out on rotation many were unable to continue to go to their clinical sites, so an online rotation was created as a solution so that their August graduation would not be postponed. These are unprecedented times and those of us on the forefront of medicine must adapt accordingly.

# V. <u>Meet the Member: Jessica Mattson, PA-C</u>

By: Jessica Mattson, PA-C

Aloha! My name is Jessica Mattson and I work as an Endocrine PA and CDCES on the beautiful Island of Maui, Hawaii. I am a new member of ASEPA and thrilled to be a part of this community. I am originally from NYC and went to PA school at Rochester Institute of Technology in upstate NY. I have a background in Internal Medicine, Infectious Diseases and have been practicing in Endocrine for the last 7 years.

I moved to Hawaii 5 years ago to escape the cold winters of the northeast and to live in a beautiful place where I can enjoy the outdoors nearly every day, even pau hana (after

work). Although it may seem like all we do is soak in the sun and catch waves, unfortunately, Hawaii has one of the highest rates of Type 2 diabetes in the country. I have enjoyed working with the friendly people and diverse cultures in the Hawaiian Islands and teaching diabetes education classes along side other providers in the community. I also specialize in diabetes technologies, providing insulin pump trainings and CGM interpretations. In addition, I am currently working on a certificate in obesity medicine.

When I'm not working you can find me outdoors, hiking, running, swimming and walking the beach with my Mini Aussie, Luci. I hope everyone is staying happy, safe and healthy during these uncertain times. A Hui Hou (until we meet again)!



# VI. <u>PA-Physician Team: Jenna Brothers, PA-C, CDCES & David</u> D'Alessio, MD

By: Jenna Brothers PA-C, CDCES



My name is Jenna Brothers and I am the lead Advanced Practice Provider in the Division of Endocrinology at Duke University Health System. My attending physician, Dr. David D'Alessio, is the supervising physician for all of the PA's in our practice. He also happens to be the chief of the Division of Endocrinology at Duke. That being said, no matter how busy he may be, he always has time for questions and concerns from us. We have regular meetings every few months where all team members



bring unique cases that we discuss together. We discuss the care plan for the patient and also think of alternative ways the patient case could have been handled as a good learning and brainstorming opportunity for all.

Dr. D'Alessio is an outstanding endocrinologist and always has something he can teach us. He also recognizes all of our unique talents and encourages us to be "experts" within whatever subdivision of endocrinology we choose. This makes him a wonderful mentor and coach. If there is ever a problem that arises for me, he backs me up and supports me 100%. It is very important that a PA trusts their supervising physician to provide learning opportunities as well as encourage career development. I feel as

though Dr. D'Alessio has done a wonderful job of doing all of these things for all of the PA's in our division.

# VII. Award Recognition

By: Joe Largay, PA-C and Nalini Haviland, PA-C

### AstraZeneca Circle of Excellence Award

Each year, individuals across the US are recognized for their notable achievements through the Circle of Excellence, AstraZeneca's most prestigious award program that honors those that go above and beyond to deliver superior performance and results that align to our company values. This year the award goes to one of our senior members, Joseph Largay, PA-C... congratulations, Joe!

"As a Clinical Science Liaison I am a resource for scientific information pertaining to cardiovascular and metabolic disease state awareness, pathophysiology and product specific discussions regarding safety and efficacy, mechanisms of action, and clinical trial results. As well as a conduit to the company, I also am responsible for relay of information regarding challenges and needs for further data. As when I was in clinical practice, my personal goal is to improve

~ Joe Largay, PA-C

#### Diabetes Blog of the Year Winner at 2019 Myabetic Diabetes Awards



patient outcomes."

I'm Nalani Haviland, PA-C at Advanced Metabolic Care + Research in San Diego, blogger at Instagram @diabetes\_pa; www.diabetespa.net, and speaker/presenter to peer and patient groups. I was born and raised on Kauai and diagnosed with Type 1 diabetes at age 8. From a young age, I knew that I wanted to use my personal experience to help other persons with disabilities (PWD).

Having diabetes sucks. It can be isolating and depressing and as clinicians, there is only a certain extent to which we can understand this. I felt this at every doctor's visit as a child when I was told I wasn't managing my Type 1 well enough. Sure,

there are lots of clinicians out there who understand how to treat textbook diabetes, but I couldn't find anyone who knew how to manage ME. Turns out, I am my best care provider. No, it's not because I'm a medical professional; I was my best caregiver before I graduated PA school. It's my life. I'm the only one here to experience all the ups and downs and am therefore the most capable.

I decided to become a PA because I want to be on other people's teams, but soon after I began caring for my own patients, I realized how many PWD lack the basic knowledge necessary to analyze patterns, make glucose adjustments, and utilize their insulin appropriately. As a clinician and a PWD myself, I want to inspire PWD to feel capable and independent. This is certainly not to undercut the role of the health care provider, a team approach is essential, but diabetes is the only chronic disease managed primarily by the patient and needs to be treated as such. People need to be told why changes are being made in the clinic so that they can use what they learn to manage everyday life with DM. Patient knowledge is the key to management.

So, with that in mind, I started a blog aimed to educate and help people find each other and feel connected through their diabetes. In the spirit of social media at its best, I use my personal experiences with DM to help educate and build connections with and between others. In doing so, I've provided a platform for teaching, enrichment of connected lives, and better health.

My blog was awarded, by popular vote, the Diabetes Blog of the Year at the 2019 Myabetic Diabetes Awards. This included a trip to Spain for the ATTD conference in March 2020 where I was able to expand my knowledge base both professionally and socially at a diabetes blogger's summit where bloggers gathered from around the globe. After the conference, my husband and I traveled around northern Spain and Portugal, returning home just 2 weeks before the COVID 19 quarantine. Whew!

Winning Myabetic's 2019 Diabetes Blog of the year was a dream come true, but even more dreamy is the fact that my blog has helped PWD around the world take charge of their diabetes and realize that they are their own best advocates and caregivers.



# **VIII. Conference Summaries**

Unfortunately due to the COVID-19 pandemic, live conferences that were scheduled to take place were either postponed or cancelled. As a result, there are no conference summaries at this time. Let's keep our fingers crossed that this crisis is resolved soon so our endocrine colleagues can meet later this year.

# IX. MEDS Update

By: Scott Urquhart, PA-C

As we are all aware, with the nationwide COVID-19 restrictions and requirement most meetings / conferences have either been cancelled or rescheduled. These changes have affected MEDS as well. MEDS WEST 2020 in Austin Texas has been rescheduled for December 15 -18, 2020. At this time MEDS EAST in Orlando is still on as scheduled. Depending how things go in the coming months with COVID-19 and throughout the end of 2020, one or both MEDS will become virtual and/ or a combination of simulcast live and virtual. You can keep up with changes be either reaching out to ASEPA or on the MEDS website. <a href="https://www.globalacademycme.com/conferences/meds/register">https://www.globalacademycme.com/conferences/meds/register</a>



Wishing you all a healthy summer and autumn, Scott Urquhart, PA-C

# X. ASEPA in Action

ASEPA applauds its members who are leaders in education and advocacy!

 Wendy McLaughlin, Jenna Brothers, and Amy Butts: ASEPA representatives for the IDEA 2.0 Project

ASEPA is a medical contributor to the IDEA Project with major endocrine and medical organizations such as AACE, ADCES (formerly AADE), ACCP, IDC, AAPA, DPAC, T1D Exchange, The diaTribe Foundation, and The France Foundation.

**Jenna Brothers** is serving as a Steering Committee Member and **Wendy McLaughlin** as a content Faculty Member. We are happy to announce that **Amy Butts** will be assuming the role of ASEPA liaison for the project.

IDEA 2.0 will have 3 parts to it:

- 1. CGM- Exploring the evidence, the reality, and the potential
  - a. 3 online modules for clinicians

- 2. IDEA 2.0 cases- Interactive case-based content
  - a. 10 cases within 7 clinical scenarios
- 3. Train the trainer
  - a. One 60-minute webinar with question and answer functionality
- <u>Stephen Willis and Maria Argoud</u>: ASEPA representatives on the ADA Diabetes Device Coalition

Stephen and Maria are working with CMS to break down barriers to treatments for patients with diabetes, including easing barriers to labs, number of appointments and approval processes for devices.

 Ashlyn Smith and Megan O'Neill: Interactive CGM and diabetes tech webinars exclusively for ASEPA members

These webinars are available on Education page of the ASEPA website.

 Amy Butts, Staci K. Wise, Carlos Flores, Maria Argoud, Tara Bennett, and Courtney Bennett Wilke: SGLT2i patient and provider handouts

The SGLT2i patient handout has been completed and is on the Education page of the ASEPA website. This is a simple and easy to understand patient handout that providers can give to their patients to educate them on SGLT2i mediations. It can be downloaded and printed for the provider's convenience at <a href="https://www.endocrine-pa.com/education">https://www.endocrine-pa.com/education</a>.

Currently, the SGLT2i team is working on comprising a provider handout that PCP's and other specialists can use as a quick reference to educate themselves on the SGLT2i class. The team is working on delivering this, though COVID 19 has slowed down the collaborative process. The SGLT2i provider handout will be coming to the ASEPA website later this year.

Joy Dugan and Ashlyn Smith: AAPA 2020 Learning Central

In lieu of the AAPA 2020 conference, prerecorded lectures will now be available on AAPA's learning central at cme.aapa.org.

- <u>Joy Dugan</u>: American Diabetes Association Standards of Medical Care2020:
   Selecting the Best Medications for T2DM Management
- Ashlyn Smith:
  - o Diabetes Case Studies: Navigating the Alphabet Soup of Treatment Options
  - o The impact of Hypercalcemia: More than just a Number
- <u>Stephen Willis and Scott Urquhart</u>: JAAPA article (July 2020)
- "LONG-ACTING GLP-1 RECEPTOR AGONISTS: A review of latest clinical

outcomes and considerations in type 2 diabetes management."

• Kristen Scheckel: AMA Telemed Playbook

Collaborated with clinicians from across the United States to help create an AMA Telemed Playbook, which offers resources to help practices utilize telemedicine and how telemedicine has helped her office better care for persons with diabetes

- <u>CJ Chun and Megan O'Neill</u>: Clinical Diabetes article Optimizing Diabetes Care with the Standardized Continuous Glucose Monitoring Report
- Patrick Cacchio: nominated to the ISCD Certification Council

The Council serves to establish skeletal health assessment skills in bone densitometry by promoting best practice standards, competent evaluation and continued professional development in bone densitometry

#### • Amy Butts:

- Appointed to ADA Editorial Board for Clinical Diabetes
- Joined ADA Eye Health 2020 Scientific Advisory Group
  - o Creating education modules on diabetes to be provided to optometrists who care for diabetes patients
- Appointed to ADCES Credentialing Oversight Committee
  - o Focuses on preparing the recommendations of knowledge and test questions to be part of the BC-ADM exam.

# XI. Spotlight: The Nonclinical PA

By: Stephen Willis, PA-C

The role of the physician assistant in health care today is one of the most diverse roles to have. Not only can a physician assistant change the healthcare speciality they are working in, they can work in healthcare administration.

We are seeing rapidly evolving healthcare with conglomeration of delivery systems, a focus on population health and how to stay connected with our patients during a pandemic.

My interest in healthcare began as a National Park Service Ranger Medic in the early 1990's. I served in this role in the Grand Canyon, Yosemite and Glacier National Parks. My personal passion toward health and wellness spurred my drive to become a Physician Assistant in chronic disease specifically Endocrinology.

In 2008, I started working at Rockwood Clinic Endocrinology in Spokane, WA. In 2018 I assumed the role of Department Chair of Endocrinology and Diabetes Education. In this role, I oversee clinical decision making for the physicians and advanced practice

provider (APP). Our model of leadership is that of "Dyad Leadership". Dyad leadership, in its simplest form, is a partnership. It's the union of an administrative leader and a physician leader, forming a best-of-both-worlds structure. In Dyad Leadership a Clinical leader is paired with an Administrator to guide department operations. Partnering with a business administrator is key to manage a department to appropriately staff the clinicians and evaluate the financial budget of the department.



As the Chair of the Endocrinology Department, one responsibility includes determining "quality metrics" that are established for clinicians to help ensure quality care is being met. Today healthcare payers (insurance plans) are starting to reimburse clinics/clinicians based on quality metrics being met. This is another way of looking at population health. Quality metrics that payers are evaluating can include; the percentage of patients with diabetes that have an HbA1c <9%, controlled blood pressure < 140/90 and counseling for obesity. Working closely with an EMR (electronic medical record) analyst allows me to determine if we are meeting established metrics and where we may want to focus during the next quarter or how to train a clinician to capture these metrics in the EMR.

During COVID-19, a radical shift away from "in office visits" to virtual care was necessary. I worked closely with clinic leadership to rapidly deploy virtual health visits to limit exposure to patients and clinic staff. My dyad administrator and I worked with our billing department to ensure we could capture necessary elements needed for appointments to bill appropriately.

The US healthcare system is "Physician "which can lead to challenges and rewards as a Physician Assistant. A growing percentage of healthcare delivery is being performed by Physician Assistants and Nurse Practitioners. Within our healthcare system of more than 330 providers there are two Advanced Practice Providers on the Board of Directors and four APP's on the system Quality Committee that help to guide the clinic and work closely with administrators.

I recommend taking courses through AAPA or your state Medical Society in clinical leadership to gain insight into leadership styles and understanding the value of clinical leadership. The opportunities for career advancement and leadership for Physician Assistants are vast.

# XII. Job Postings

## ENDOCRINOLOGY PHYSICIAN ASSISTANT/NURSE PRACTITIONER – ADULT OUTPATIENT Posted 3/15/20

Central California Faculty Medical Group (CCFMG), affiliated with UCSF Fresno, has an excellent full-time opportunity for a licensed Physician Assistant or Nurse Practitioner in diabetes and endocrinology. You will join a busy, established endocrinology faculty practice with 4 full-time Endocrinologists and a full-time Physician Assistant. Our practice has an insulin pump clinic, on-site thyroid ultrasound services and diabetes education classes accredited by the American Association of Diabetes Educators. You must have (or obtain) a California Physician Assistant or Nurse Practitioner license. Endocrinology experience and Certified Diabetes Educator (CDE) are preferred but not required.

The position is based in Fresno, California, where residents enjoy a high standard of living combined with a low cost of living. The result is a quality of life uniquely Californian, yet surprisingly affordable. Limitless recreational opportunities and spectacular scenery is all accessible in a community with abundant affordable housing. While there is much to see and do in Fresno, the city is ideally located for fast, convenient getaways to the majestic Sierra (just 90 minutes away) as well as the scenic Central Coast, just two and one-half hours away. Fresno is the only major city in the country with close proximity to three national parks, including renowned Yosemite National Park.

Please send CV and questions to Stephanie Delgado, Physician Recruitment Manager, at <a href="mailto:stephanie.delgado@ccfmg.org">stephanie.delgado@ccfmg.org</a>.

Visit our websites: <u>universitymds.com</u> | <u>fresno.ucsf.edu</u>

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# • PA Opportunity in north Texas Posted 3/15/20

Seeking a caring, full time PA-C / NP for a busy Adult Endocrinology practice, dedicated to providing quality care. Supervising physician is on site

Management of full range of acute and chronic Adult Endocrine disorders In-depth training for management of advanced diabetes including use of insulin pump/ sensors.

#### Responsibilities:

Obtains medical history, performs physical exam, and reviews labs/ medications to formulate and manage patient treatment plan and outcomes

Collaborates with Physician in the development and implementation of standardized patient care

Uses interpersonal communication skills to educate patient

Ensures safe care to patient

Additional Qualifications:

Excellent written and oral communication skills.

Highly motivated with a positive, energetic attitude

Ability to manage time effectively and adapt to unpredictable situations within the patient care setting.

Fully competent with computers & Electronic Medical Records.

#### MINIMUM POSITION REQUIREMENTS

Must be a graduate of an accredited university.

Current PA/RN-NP license to practice in State of Texas- required

Current BLS for Healthcare Providers (AHA) required

Current DEA License required

Certification by nationally accredited PA/NP organization.

Experience- 6 months – 1 year related clinical experience preferred in Endocrinology/ Internal Medicine or Family Practice

Excellent compensation package, including a competitive salary and malpractice coverage, CME and 401 k plan.

To learn more about our practice visit our website at <a href="www.endomd.com">www.endomd.com</a> Submit cover letter and CV to: Dr. Wasim Haque at <a href="www.endomd.com">whaque@endomd.com</a>

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# • Physician Assistant Job Opening Posted 12/5/19

Creekside Endocrine Associates, Denver, Colorado 4101 E Louisiana Ave Denver CO 80210

Established outpatient Endocrinology office in Denver is seeking either a part-time or full-time Physician Assistant to join two Endocrinologists (Dr. Zemel and Dr. Kerstein), one Certified Diabetes Educator, and one PA (Kristen Scheckel). PA Kristen has worked at the office for 5 years and has 10 years experience working in Endocrinology and will serve as a colleague/ mentor.

The work schedule can be flexible – office hours are Monday through Friday 9 AM to 5 PM. The ideal candidate will be able to work all day on Mondays. PA Kristen's schedule is full days on Tuesdays through Fridays.

Experience working in Endocrinology would be a plus; however, we are willing to train the right candidate. Dr. Zemel has over 30 years of experience teaching medical students, residents, Endocrine fellows, and PA students. He is very passionate about teaching. The core foundation of our medical practice is taking a detailed history, which guides the physical exam and lab test ordering and then coming up with a plan in the best interest of the patient using shared mutual decision making.

We spend extra time with our patients to ensure that they are treated as a whole person. Everyone in our office cares deeply about our patients, from the receptionist to the medical assistants to the phlebotomists and we have had minimal staff turnover.

We practice old fashioned, patient centered medicine and are an independent small practice. We are also a clinical research site for the development of new Endocrinology drugs. You would have the option of knowing that these extra paths for patient care exist as well as the potential to participate by contributing patients to our studies. We have our own research director and research coordinators for perform patient visits for the study protocols. You could potentially have a role in some of the study visits. This and other aspects of our practice generate the opportunity for potential extra income.

Interested applicants should send their CV and resume to <a href="mailto:creeksideendocrine@yahoo.com">creeksideendocrine@yahoo.com</a>. Please include why you are attracted to the field of Endocrinology and whether you are interested in full-time or part-time employment.

# Medical Science Liaison – Northeast Region Posted 9/22/19

Valeritas is a commercial-stage medical technology company focused on improving health and simplifying life for people with diabetes by developing and commercializing innovative technologies. We designed our first commercialized product, the V-Go Wearable Insulin Delivery Device, or V-Go, to help patients with Type 2 diabetes who require insulin to achieve and maintain their target blood glucose goals. V-Go is indicated for continuous subcutaneous infusion of insulin over 24 hours and on-demand bolus dosing in two-unit increments in adult patients requiring insulin. V-Go is a small, discreet and easy-to-use disposable insulin delivery device that a patient adheres to his or her skin every 24 hours. V-Go enables patients to closely mimic the body's normal physiologic pattern of insulin delivery throughout the day and to manage their diabetes with insulin without the need to plan a daily routine around multiple daily injections.

We have an opening for a Medical Science Liaison – Northeast Region within our Commercial group.

#### **Position Summary:**

The Medical Science Liaison (MSL) will be a field-based position responsible for cultivating relationships with current and future thought leaders in academic and clinical practice settings at a regional level. The MSL will provide scientific and educational

support for Valeritas' products and will be responsible for developing creative and innovative strategies for addressing the specific needs of key external thought leaders.

## Location/Territory:

The territory for this position includes: New Jersey, Pennsylvania, Maryland, New York, Connecticut, Rhode Island, Massachusetts, Washington DC and Delaware. The successful candidate should reside within this territory or in close proximity to it. Relocation assistance is not offered with this position.

## Essential Responsibilities, Duties and Tasks:

- Maintain business and clinical knowledge of scientific research and publications pertaining to V-Go as well as the diabetes treatment landscape including current treatment strategies, current and pending competitors, and new therapeutic developments.
- Identify, develop and maintain relations with health care providers to establish and/or further the knowledge of Valeritas' products and their appropriate use.
- Enhance clinical/scientific knowledge of customers and colleagues through education and appropriate scientific exchange.
- Coordinate and deliver effective educational slide presentations regarding insulin management and delivery of insulin via V-Go Insulin Delivery Device for healthcare professionals through presentations at office visits, advisory board meetings, medical meetings, and other appropriate venues to enhance product and disease state knowledge.
- Collaborate with internal and external stakeholders in support of the needs of Key Opinion leaders (KOLs).
- Respond to customer inquiries in a focused manner to ensure focused and balanced clinical and scientific information in support of Valeritas' products and services.
- Identify academic centers and investigators to initiate and/or participate in clinical trials and identify key areas of future research for the medical affairs department.
- Provide recommendations to marketing for scientific experts and other external parties to serve as consultants, advisory board members, or speaker training faculty based on specific criteria.
- Provide Medical Information booth support for identified meetings.
- Support Valeritas Speakers Bureau including contribution and dissemination of scientific content for peer-to-peer decks.
- Assist with training sales representatives on product knowledge and understanding of disease state and technical information.
- Adhere to internal standard processes and comply with regulatory and compliance requirements.

#### Position Requirements:

- Advanced degree and/or advanced licensure or certification (i.e. PharmD, NP, PA-C)
- Preferred candidate will have experience in the clinical management of diabetes or MSL experience in diabetes

- Adhere to internal standard processes and comply with regulatory and compliance requirements.
- The position is field-based with upwards of 65% required travel (car and plane) to manage assigned geography including ability to travel overnight and occasionally on weekends for scientific meetings
- Excellent verbal skills and interpersonal skills
- Strong presentation skills including the ability to effectively communicate medical data/concepts
- Strong ability to effectively collaborate and communicate with key opinion leaders, content experts and professional organizations
- A highly motivated self-starter willing and able to work with minimal day to day supervision
- Growth-minded with the desire to be part of a rapidly changing environment
- Field-based with a primary residence within the region of interest for Valeritas sales force team alignment

Valeritas is proud to be an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation, gender identity, national origin, disability, veteran status, or any other protected status or characteristic as required by applicable law.

Reasonable accommodations may be made to enable individuals with disabilities to perform the responsibilities/duties/functions/tasks of this position.

Valeritas offers a competitive base salary and bonus, with a complete benefits package including annual stock grants, a 401k plan and full medical insurance.

Please reply with cover letter and resume to: <u>HR@valeritas.com</u>.

# XIII. <u>Upcoming Conferences</u>

\* indicates partner conferences

Practical Ways to Achieve Targets in Diabetes Care (ATDC): July 16-18, 2020 - Keystone, CO —> CANCELLED University of Colorado Barbara Davis Center <a href="http://www.atdcconference.com">http://www.atdcconference.com</a>

\* Cardiometabolic Risk Summit (CRS) 2020: dates and location TBD <a href="https://www.primarycarecardiometabolic.com">https://www.primarycarecardiometabolic.com</a>

Association of Diabetes Care and Education Specialists (ADCES) Conference: Going virtual in August 2020; exact dates TBD

#### https://www.diabeteseducator.org/events

Cardiometabolic Health Congress (CMHC) West: August 7-9, 2020 - Live Online <a href="https://www.cardiometabolichealth.org/2020/advancing-cardiometabolic-health-from-east-to-west.html">https://www.cardiometabolichealth.org/2020/advancing-cardiometabolic-health-from-east-to-west.html</a>

\* 4th Annual Heart in Diabetes (HiD): <del>June 26-28, 2020</del> Date change: August 21-24, 2020- Going Live Virtual <a href="https://www.heartindiabetes.com/">https://www.heartindiabetes.com/</a>

Clinical Endocrinology Update (CEU) East: September 10-12, 2020 - Miami, FL - Format still being decided

19th Annual International Congress of Endocrinology (ICE): October 4-7, 2020 - Buenos Aires, Argentina. —> CANCELLED <a href="https://www.endo-nurses.org/event-3493">https://www.endo-nurses.org/event-3493</a>

- \* MEDS East: October 14-17, 2020 Orlando, FL <a href="https://www.globalacademycme.com/conferences/meds/welcome-metabolic-endocrine-disease-summit-meds">https://www.globalacademycme.com/conferences/meds/welcome-metabolic-endocrine-disease-summit-meds</a>
- \* 15th Annual Cardiometabolic Health Congress (CMHC East): October 21-24, 2020 VIRTUAL

https://www.cardiometabolichealth.org/2020/boston-15th-annual.html

CEU West: October 23-25 - San Diego, CA Format still being decided <a href="https://www.endocrine.org/meetings-and-events/ceu">https://www.endocrine.org/meetings-and-events/ceu</a>

- \* 18th Annual World Congress on Insulin Resistance Diabetes & Cardiovascular Disease (WCIRDC): December 3-5, 2020 Los Angeles, CA <a href="https://www.wcir.org/">https://www.wcir.org/</a>
- \* Metabolic & Endocrine Diseases Summit (MEDS) West: <del>July 15-18, 2020 Date change: December 15-18, 2020— Austin, TX https://www.globalacademycme.com/conferences/meds/welcome-metabolic-endocrine-disease-summit-meds</del>

Don't forget to check out and bookmark the ASEPA website:

http://www.endocrine-pa.com

