



ASEPA Newsletter

January 2024

Message from the President

Amy Butts, ASEPA President, PA-C, CDCES, BC-ADM



Exciting things are happening at ASEPA! The board has had a very productive 6 months. We are working hard for our organization to increase membership opportunities. Some new membership benefits are related to our website. Do you know that we now have a membership directory? All members should have received an email about joining the membership directory. This benefit will allow an increase in networking for our members. It includes information about practice setting, subspecialty interests, and availability for precepting and much more. It is password protected so only members will have access to this directory. Please take advantage of this new membership benefit. If you have not received the email, reach out to asepaemail@gmail.com

Another great benefit we updated is under the webinar tab on our website. Now every webinar that has been done this year has a link that will take you to a You Tube channel where you can view it. This is great if you have missed the live event or if you want to watch again. This will allow for ongoing enduring CME credit to our members.

We hope you enjoy these new updates. If you have any suggestions or ideas, please do not hesitate to reach out to me. Happy New Year! I hope everyone has a great 2024!

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2024 ASEPA Committee Updates

Secretary's Update

Justine Herndon, PA-C



Available on request
asepamembership@gmail.com

Treasurer's Update

Sean Flynn, PA-C



Available on request
asepamembership@gmail.com

ASEPA would like to welcome and thank the new volunteers to our board and committees:

New Committee Member

Positions:

Katharine Patrick,
Education Committee Chair

Alyssa Klopfer,
Newsletter Committee

Congratulations and
Thank you for your service!

HOD Update from AAPA

Stephen Willis, PA-C

ASEPA Leadership is looking for input and interest from members to participate in the HOD process for 2024 in Houston to advance concerns which impact patients with endocrine health concerns and Physician Associates. Below are the deadlines for submissions and links to the guidelines for submissions. Reach out to ASEPA board members to participate in this process. Advocacy at HOD is imperative to address the ever-changing care we provide to our patients.

Resolution Deadlines

The resolution deadlines for the 2024 HOD meeting are as follows:

- Bylaws Resolutions – February 17, 2024
- Non-Bylaws Resolutions – March 18, 2024

Links to the By-law guidelines are attached below

<https://www.aapa.org/download/119196/?tmstv=1695140682>

<https://www.aapa.org/governance/house-of-delegates/guidelines/>



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ASEPA Brings Benefits to Members

Amy Butts, ASEPA President, PA-C

Make the most of your membership by taking advantage of all that ASEPA has to offer.

See our membership page at <https://www.endocrine-pa.com/membership> to view a full list of member benefits, which include exclusive monthly webinars led by PAs for PAs!

2024 ASEPA Webinars

The 2024 ASEPA Webinar Committee proudly announces a unique lineup of speakers, fresh topics, and a new behind-the-scenes crew.

We welcome all members to attend the Zoom Webinar each month; there are free CMEs to earn. Please attend, network, and learn.

For more information, to suggest a topic, or to volunteer to present, please email ASEPAwebinars@gmail.com.

1/23/2024- An update on the June 2023 Adrenal Incidentaloma Guidelines by CJ Chun, PA-C (non-CME)

2/20/2024- Osteoporosis by Jacqui Kernaghan, PA-C (CME)

3/19/2024- BC-ADM Certification by Chris Memering, CDCES (non-CME)

4/23/2024- Immune Checkpoint Inhibitors by Justine Herndon, PA-C (CME)

5/2024- Cardiometabolic Health Congress Certification by Robert Eckel, MD (non-CME)



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ASEPA in Action



President Amy Butts and Education Committee Member Staci Wise at the ADCES Diabetes Technology Conference held in Chicago, IL. December 2023



ADCES Diabetes Technology
President Amy Butts, Newsletter Committee member Megan O'Neill, Anniece Spencer DNP, BC-ADM, ASEPA HOD Representative Stephen Willis, and Sean Oser, MD

PRESENTATIONS

Fall 2023 MEDS Presenters:

Ashlyn Smith, PA-C:

-Hot Cases: *Hyperthyroidism in the Wild*

-It's Elemental: *The Impact of Hypercalcemia*

-Don't Stress! *Navigating Adrenal Insufficiency*

Amy Butts, PA-C

-*Diabetes Technology*

-*Insulin Workshop: "Initiating and intensifying insulin therapy & Case Studies"*

Other Presentations:

Justine Herndon, PA-C:

- *"Adrenal Disorders: What the Primary Care Clinician Should Know"* 97th Annual Clinical Reviews (Mayo Clinic)

Sonia Bahroo PA-C

- *"The Endocrine Perspective on Approaching and Treating Obesity"* ASEPA Webinar

Amy Butts PA-C

-*Guest Lecturer for Duquesne University PA Program for Clinical Endocrinology*

- *"Individualizing Diabetes Technology for the Person Living with Diabetes"* ADCES Diabetes Technology Conference in Chicago, IL.

Publications:

Justine Herndon, PA-C

-Use of overnight metyrapone test in suspected secondary adrenal insufficiency: A retrospective single centre-study (co-author). *Clin Endocrinol.* 2023; 1-9.

-Identifying Discrepancies in Gestational Diabetes Mellitus Postpartum Follow-Up During Care Transitions. *Journal of Primary Care & Community Health.* 2023; 14.

Other Activities:

- Ashlyn Smith, PA-C: Primary Care Advisory Group: [American Diabetes Association Standards of Care 2024](#)

- Ashlyn Smith, PA-C: Veterans Administration Research Days, September 2023 - Scientific Abstract Poster (Co-Author): *"Assessment of a Novel Tele-diabetes Program on Glycemic Control in Veterans"*

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Congratulations to all other ASEPA members who have recently presented or published! Keep us informed so we can recognize your accomplishments!



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Member Awards

We are proud that two of ASEPA’s members have been awarded the 2023 Point of Care Network’s America’s Top PA award.

America’s Top PA is a peer-nominated award given annually to select Physician Associates across several specialties who have demonstrated leadership through improving patient outcomes and/or through peer community support, advancement, leadership, and education.

Congratulations to Sonia Bahroo, currently our Vice President, and to Benito Lopez, currently serving on our Education Committee.



Sonia Bahroo, PA-C



Benito Lopez, PA-C

Congratulations to Justine Herndon, our current ASEPA Secretary, for winning the Department of Medicine Education Award from the Mayo Clinic Department of Medicine.



Photo from left to right: Robert Wermers, MD, Justine Herndon, PA-C, and Ryan Eastman, MBA

Job Postings

See website for the latest job opportunities: <https://www.endocrine-pa.com/jobs>

Upcoming Conferences

AACE – <https://pro.aace.com/events/2024/annual-meeting>

- AACE Annual Meeting – New Orleans, Louisiana, 5/9/2024 – 5/11/2024

CMHC - <https://www.cardiometabolicehealth.org/19th-annual-cmhc/>

- CMHC Annual Health Conference – Boston, Massachusetts, 10/17/2024-10/19/2024

ASEPA Online

